An Epiphany Gift to Yourself!

“Clergy Burnout and Self-Care”

Dealing with the COVID-19 pandemic and the changes we’ve had to make to adapt and stay safe has been challenging for many people. It’s no surprise that many of us feel tired and perhaps even a little burned out as a result. If that sounds a little like you, this workshop may be just what you need! We’ll address…

- how to recognize the red flags of unhealthy ministry relationships
- how to practice self-care so as to avoid burnout
- how to get early intervention when burnout starts to take place

Interactive, Live Zoom Workshop for Authorized Ministers (active and retired), MIDs, Clergy Transfers into Hawai‘i Conference, and candidates for Authorized Ministry in the United Church of Christ

Presented by the O‘ahu Association of the Hawai‘i Conference, UCC, The Hawai‘i Island Association of the Hawai‘i Conference, UCC, and Sacred Space Ministry of the Rocky Mountain Conference

Trainers: Rev. Dr. Tracey Dawson & Rev. Wendy Kidd

Thursday, January 6, 2022
1pm – 4pm HST
Live on Zoom
Cost: $30
(Participants from beyond the Hawai‘i Conference, $50)

Please check with your Association’s Committee on Ministry to confirm that this workshop qualifies as partial BOUNDARY TRAINING for them, as well as for their scholarship opportunities.

Registration Deadline December 20

Registration Questions: Vivian Maunakea, (808) 537-9516 vmaunakea@hcucc.org
or Neighbor Island Toll-Free: 1.800.734.7610
Content Questions: Tracey Dawson  303-725-1494  traceydawson5707@gmail.com
& Kyle Lovett  808-542-1332  RevKyleL@gmail.com