GO Bag List

CLOTHING
__Extra Pants/Shorts (w/lots of pockets)
__Extra Shirt
__Extra Socks
__Extra Pair Warm Clothes or Sweats
__Cotton Hat
__Rain Poncho
__Jacket With Hood (packable)

PERSONAL HYGIENE / SANITATION
__Wash Cloths
__Bar of Soap
__Deodorant
__Dental Floss
__Toothbrush / Toothpaste
__Lotion
__Razor
__Hand Sanitizer
__Travel Shampoo/Conditioner
__Moist Wipes / Clorox Wipes
__Toilet Paper (flattened)

STAY HEALTHY
__Prescription Medication for a week and paper copies of your prescriptions (in Ziploc bags)
__Bug Repellent
__Small First-aid Kit

FEEDING YOURSELF
WATER
1 Gallon per day per person is suggested

SHELTER
__Small Blanket
__Mylar (emergency) Blanket
__Tarp or Large Poncho (to use as coverage)

TOOLS FOR SECURITY & SURVIVAL
__Gerber or Leatherman Multi-tool
__Emergency AM/FM Radio
__Heavy Duty Trash Bags
__Paper, Pens (or Sharpies!) and Tape
__Flashlight
__Ziplock Bags

KEEP YOUR SANITY
__Bible
__Small Journal
__Deck of Cards
__Foam Ear Plugs
__Collapsible Chair
__Books
__Small Pillow MONEY:
__Credit and Debit Cards
__Small Denominations of Cash, including coins
__Emergency Phone Numbers & Addresses
__Copies of Important Documents: identification, passports, SS card, home and auto insurance information, medical records, bank and credit card account numbers (store all these in a waterproof folder/bag)
__Recent Family Photo(s) for identification – including your pets (in ziplock baggies)